

VEHI PATH Wellness Initiative

- Vermont Education Health Initiative is a large nonprofit purchaser of health care plans for Vermont School employees
- VEHI PATH (Planned Action Toward Health) provides school employees with state-of-the-art health promotion programs by addressing behavior change and health care consumerism
- Earn PATHpoints for staying healthy by participating in VEHI-sponsored health promotion activities and services and earn **CASH**

Click on the website below and begin the journey to better health and earn some extra dough:

www.tomypath.com/vehi

The following list of VEHI School Health Coordinators is available as resources in your schools

| | | |
|---|----------------|--|
| Cambridge Elementary | Sue Reed | sreed@cambridge.k12.vt.us |
| Eden Central | Deb Tague | dtague@edenschool.net |
| Hyde Park Elementary | Robin Wright | rwright@hpes.org |
| Johnson Elementary | Sue Grimes | sgrimes@johnsonelementaryschool.org |
| Waterville Elementary | Debbie Arel | darel@wesvt.net |
| Lamoille Union Middle | Beau Denham | jdenham@luhs18.org |
| Lamoille High School | Amy O'toole | aotoole@luhs18.org |
| | Nicole Chauvin | nchauvin@luhs18.org |
| GMTCC | Lisa Durocher | ldurocher@gmtcc.net |
| Lamoille North Supervisory Union Health Champion | Barb Nash | barb@LNSU.org |